

Nutrition Facts

Serving Size: 2 heaping scoops (20g)

Number of Servings: 30

Amount per Serving

Calories 100

Calories from Fat 50

	% of daily value*
Total Fat 5g	8%
Saturated Fat 1g	5%
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 310mg	9%
Total Carbohydrates 12g	4%
Dietary Fiber 1g	2%
Sugars 3g	+
Protein 2g	4%

Vitamin E 20%	•	Thiamin 50%	•	Biotin 1%		
Niacin 80%	•	Vitamin B6 50%	•	Pantothenic Acid 10%		
Phosphorus 15%	•	Magnesium 9%	•	Manganese 30%		
Riboflavin 5%	•	Zinc 2%	•	Folic Acid 2%	•	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet

+ Percentage Daily Value not established

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Stabilized rice bran derivative.